



Extended Stay America to Participate at the 2020 Stifel's Cross Sector Insight Conference

June 8, 2020

CHARLOTTE, N.C., June 08, 2020 (GLOBE NEWSWIRE) -- Extended Stay America, Inc. (Nasdaq: STAY) (the "Company") today announced that the Company's President and Chief Executive Officer Bruce Haase will virtually participate at the 2020 Stifel Cross Sector Insight Conference. Mr. Haase will provide commentary on recent business trends, discuss long term plans and participate in a question and answer session.

Mr. Haase's remarks will be webcast live at 9:20 AM Eastern Time on Wednesday, June 10, 2020. Investors and other interested persons may listen to the live webcast through the Investor Relations section of Extended Stay's website at www.aboutSTAY.com. A replay of the webcast will be posted on the Company's investor relations website; the replay can be accessed for 90 days.

Forward Looking Statements

The presentation may contain forward-looking statements within the meaning of the federal securities laws. These statements include, but are not limited to, statements related to our expectations regarding our business performance, financial results, liquidity and capital resources, capital expenditures, distribution policy, plans, goals, beliefs, business trends and future events, as well as the impact of the COVID-19 pandemic, its effects on the foregoing, government actions taken in response to the pandemic and actions that we have or plan to take in response to the pandemic and other non-historical statements. Forward looking statements involve known and unknown risks, uncertainties and other factors that may cause the Company's actual results or performance to differ from those projected in the forward-looking statements, possibly materially. For a description of factors that may cause the Company's actual results or performance to differ from projected results or performance implied by forward-looking statements, please review the information under the headings "Cautionary Note Regarding Forward-Looking Statements" and "Risk Factors" included in the Company's combined annual report on Form 10-K filed with the Securities and Exchange Commission ("SEC") on February 26, 2020 and other documents of the Company on file with or furnished to the SEC, including the Company's combined quarterly report on Form 10-Q filed on May 6, 2020. Any forward-looking statements made in the presentation are qualified by these cautionary statements, and there can be no assurance that the actual results or developments anticipated by the Company will be realized or, even if substantially realized, will have the expected consequences to, or effects on, the Company, its business or operations. Except as required by law, the Company undertakes no obligation to update publicly or revise any forward-looking statement, whether as a result of new information, future developments or otherwise. We caution you that actual results may differ materially from what is expressed, implied or forecasted by the Company's forward-looking statements.

About Extended Stay America

Extended Stay America® is the leading brand in the mid-priced extended stay segment in the U.S. with 634 hotels. ESH Hospitality, Inc. ("ESH"), a subsidiary of Extended Stay America, Inc. ("ESA"), is the largest lodging REIT in North America by unit and room count, with 559 hotels and over 62,000 rooms in the U.S. ESA also manages or franchises an additional 75 Extended Stay America® hotels. Visit www.esa.com for more information.

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Source: Extended Stay America, Inc.